



Adapting to Change

Course Description

Adapting to change is essential in today's VUCA business environment. Effective change management is a key success indicator of organizations that will thrive during times of volatility, uncertainty, complexity and ambiguity. Whether the change involves managing growth; embracing a new strategy, policy or process; adopting new technologies; dealing with crisis; or a host of other possible shifts in direction – organizations must win over the hearts and minds of people to bring about new behavior. So, how do leaders get employees to think and feel differently and adopt new ways of behaving? In this course, leaders will learn the larger context for change and their role in making it happen.

During this 4-hour workshop we will focus on:

- ▶ How to **embrace** change with a growth mindset of constant growth and change.
- ▶ How to **manage** change focusing on the change process. Change is a bottom-up process; explore the stages of transition people experience with adapting to change and learn strategies for getting through the process more effectively.
- ▶ How to **lead** change by inspiring others, showing strength, being decisive, being resilient, reducing resistance, and responding to strategies that increases the involvement of others.
- ▶ How to get hands-on practice with relatable/relevant change case studies.
- ▶ **Fun** is always included in every LeaderPRO workshop.